



2012 SPRING RIDE & 5K & KID'S OBSTACLE COURSE

Peltier Park
Thibodaux, Louisiana
Sunday April 29th, 2012

**To benefit Southeast Spinal Cord Injury
Fund in honor of SCOTT HOPPMAYER**

DATE: SUNDAY APRIL 29th, 2012

LOCATION: PELTIER PARK at 506 BAYOU LANE,
THIBODAUX, LOUISIANA

BIKE DISTANCES: 25, 42 & 66 MILES
RUN DISTANCE: 5 KILOMETERS
KID'S COURSE: Approximately ½ mile
TIME:

7:00am	5K Start
7:45am	Bike Start
10am - 12pm	Kid's Obstacle Course

REGISTRATION

Registration begins at 6:00am on the morning of the event. Maps, lunch and beverages, route surface markings, SAG support, restroom and rest stop snacks are included in the fee. Register online at <http://bccbike.org>

ROUTE

The route will take you through some scenic back roads of Lafourche and Terrebonne Parishes in the heart of bayou country.

KID'S OBSTACLE COURSE:

Its a timed course with a series of fun and challenging activities to be completed before continuing on. Kids can compete in the obstacle course from 10am to noon.

RAFFLE & DOOR PRIZE

Drawings will be held after the ride. All registered participants will be eligible for a chance to win door prizes. Raffle tickets will also be sold at the event.

BIKE SAFETY: The bicycle portion of this event is a recreational event--**NOT a race!** Riders should expect to encounter motorists. Participants should operate their bicycles in a safe, lawful manner and obey traffic laws throughout the ride. Bayou Country Cyclists requires that all participants in the ride wear ANSI or SNELL approved helmets. The use of radios while operating your bicycle is prohibited. No fixed gear bicycles. All bicycles must have working brakes.

SPECIAL DONATION:

To benefit Southeast Spinal Cord Injury Fund in honor of Scott Hoppmeyer.

REST STOPS/SAG SUPPORT

Run Rest Stops will be located at every mile. **Bicycle Rest stops**, which will be strategically located along the route, will be stocked with water, sports drinks, fruit and snacks. Rolling SAG (support and gear) will also be provided.

T-SHIRTS

All participants who **pre-register by April 15th, 2012** will receive a t-shirt on the day of the event. For those who registrations forms are received after this date, t-shirts will be available on a first-come, first serve basis until we run out.

POST-RIDE ACTIVITIES

Registered runners & riders will return to the park and enjoy an entrée, homemade side dishes & desserts, beer & soft drinks. Fruit and snacks will also be on hand.

SILENT AUCTION

A silent auction will be held during the event to help raise money.

CONTACT INFORMATION

bike contact

Willie Bolden
985.709.1370

williebolden7@gmail.com

run contact

Toby Hubbell
985.413.9844

toby@bayourunners.com

<http://bccbike.org>

2012 SPRING RIDE & 5K REGISTRATION FORM



(Each rider must fill-out and sign a separate registration form. Photocopies of the form are acceptable)

NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

TELEPHONE: () _____

EMAIL: _____

WAIVER: In acceptance of this registration, I, the undersigned, assume full and complete responsibility for any injury or accident which may occur to me during the event or while on the premises of the event. I hereby release and hold harmless the Bayou Country Cyclists and/ Bayou Runners Association, its officers and members, the sponsors, promoters, and all other persons or entities associated with the event from liability for injuries and damages sustained by me whether same be caused by negligence of anyone associated with the event.

In Case of Emergency, Please Contact:

Name	Number
_____	_____

I have read the above waiver, I understand that the bicycle portion of this event is a recreational ride, and I agree to ride in a safe and lawful manner.

Signature of rider/participant (18 years old or older)	Date
_____	_____

Signature of parent or guardian if rider/participant is less than 18 years old.	Date
_____	_____

(Children under 15 must be accompanied by an adult.)

T-SHIRT SIZE (pre-registration only):

Kid (Circle One) **S** **M** **L**

Adult (Circle one) **S** **M** **L** **XL** **XXL** **XXXL**

Please pick your event(s)

Bike Ride **5K** **Kid's Event**

If you plan on riding, please pick a distance

66 miles **42 miles** **25 miles**

Bicycle Ride	\$25
5K	\$25
Kid's Event	\$12
Bicycle Ride & 5K	\$35
Bike, Run & Kids	\$45

Note: Add \$5 if you register the day of the event

\$

Donation to Southeast Spinal Cord Injury Fund in honor of Scott Hoppmeyer

\$

RAFFLE TICKETS:

tickets @ \$2.00 each = \$

(Pre-Paid raffle tickets will be included in your rider packet the day of the event.)

TOTAL AMOUNT ENCLOSED:

\$

The Spring Ride & 5K is a pre-planned event.
Rain or Shine - NO Refunds.

SNELL or ANSI approved helmet required

PLEASE MAKE CHECK PAYABLE TO
BAYOU COUNTRY CYCLISTS
AND MAIL
WITH **SIGNED** REGISTRATION FORM TO:

BAYOU COUNTRY CYCLISTS
P.O. Box 2613
Houma, La. 70361



**TRIBUTE GIFT TO
SOUTHEAST SPINAL CORD INJURY FUND
IN HONOR OF SCOTT HOPPMAYER**

Amount of contribution: _____ Date: _____

Name of contributor (please print): _____

Address: _____

Daytime Phone: _____ Email: _____

Please make check payable to: HelpHOPELive

Print in memo section of check: In Honor of Scott Hoppmeyer

Please send to: HelpHOPELive
150 N. Radnor Chester Road, Suite F-120
Radnor, PA 19087

HelpHOPELive has the ultimate authority regarding administration and disbursement of all contributions. HelpHOPELive will send an acknowledgment for any contributions of \$250 or more, or if requested by the contributor of a lesser amount.

Credit Card Contributions



For credit card contributions, complete the form below,
visit helphopelive.org, or call 800.642.8399.

Bankcard Account Number: _____ Expiration Date: _____

Amount of Contribution: (\$10 min.) _____ CVV Code: _____ (3 or 4 digit code on front or back of card)

Cardholder Signature: _____

Cardholder Name (print): _____

Cardholder billing address, phone and email if different from above (be sure to include email address to receive receipt):

For donation of stocks, please call 800.642.8399.

Contributions are tax deductible to the extent allowed by law. This campaign is administered by HelpHOPELive (National Transplant Assistance Fund, Inc.), a 501(c)(3) nonprofit providing fundraising assistance to transplant and catastrophic injury patients.
Information: 800-642-8399.

Thank you for your generosity and desire to help!